

## Allergy/Intolerance Menu

Milk Free Menu

Allergy / Intolerance:

Child Name/Names/Area :

Dates / Term:

Kent TKAT Autumn Winter 2025 2026

Implementation Date:

PLEASE READ BEFORE SERVING		<p>Only recipes with a corresponding code listed on the menu should be served to the pupil. Do not make any amendments to the special diet menu or offer any additional dishes.</p> <p>If the code for the dish is on the menu but on a different day, the menu item is suitable for the allergies mentioned in the title. e.g. Fishfingers can served on a Tuesday even if they are on a Friday on the menu.</p> <p>*All recipe codes are given in bold (e.g., F6) - to find the primary recipe on Sharepoint start your search with the letters PRI - e.g., PRIF6.</p>				
DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	NEW V271 BBQ Vegan Sausage Pasta with SD50 Garlic Bread	NEW C124 Chicken Biryani	C4 C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes and SD118 Gravy		F6 Fishfingers or F1 Salmon Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2		BB3 Veggie Burger in a SD17 Bun with SD6 Potato Wedges	V232 Vegetarian Wellington with SD82 Roast Potatoes and SD118 Gravy		
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans or F11 Tuna Mayonnaise (No Cheese)				
	Vegetables	SD12 Green Beans & SD19 Sweetcorn	SD102 Vegetable Medley	SD28 Carrots & SD21 Swede	SD19 Sweetcorn & SD26 Peppers	SD22 Baked Beans & SD18 Peas
	Dessert	FRESH FRUIT	NEW D268 Apple Crumb Cake (No Custard)	D224 Fruit Medley	D197 Syrup Sponge (No Custard)	D235 Jelly with Mandarins
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	NGCI60 NGCI GLUTEN FREE MILK FREE HERBY PIZZA WHIRLS - Free from the main 14 allergens with SB9 Tomato Pasta	SD8 Spaghetti B48 Bolognaise	QB14 BBQ Chicken with QB16 Seasoned Potatoes and QB3 Sweetcorn Salsa		F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	V309 Mild Mexican Chilli with SD84 Rice	V233 Vegan SD8 Spaghetti Bolognaise	QB19 Quorn with QB16 Seasoned Potatoes and QB3 Sweetcorn Salsa	V303 Creamy Chickpea and Coconut Curry with SD84 Rice	
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans or F11 Tuna Mayonnaise (No Cheese)				
	Vegetables	SD19 Sweetcorn & SD18 Peas	SD28 Carrots & SD20 Broccoli	SD19 Sweetcorn & SD18 Peas	SD102 Vegetable Medley	SD22 Baked Beans & SD18 Peas
	Dessert	NEW D267 Gingerbread Cookie	D169 Chocolate and Beetroot Brownie (No Chocolate Sauce)	D223 Fruit Salad	D243 Sticky Toffee Apple Crumble (No Custard)	D57 Vanilla Shortbread
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1			GLUTEN FREE 58009 P3 Pork Sausage with SD82 Roast Potatoes & SD118 Gravy	C102 Mild Caribbean Chicken with GR5 Golden Rice	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	NEW V263 Chefs Special Lentil Curry with SD84 Rice	V302 Tomato Pasta	V167 Vegan Sausage with SD82 Roast Potatoes & SD118 Gravy	V306 Caribbean Stew with GR5 Golden Rice	
	Alternative Meal	SD55 Jacket Potato with SD22 Baked Beans or F11 Tuna Mayonnaise (No Cheese)				
	Vegetables	SD18 Peas & SD12 Green Beans	SD102 Vegetable Medley	SD28 Carrots & SD35 Cabbage	SD19 Sweetcorn & SD12 Green Beans	SD22 Baked Beans & SD18 Peas
	Dessert	D85 Oaty Cookie	D236 Pear Crumble (No Custard)	D225 Fruit Salad	NEW D265 Jamaican Ginger Cake (No Custard)	FRESH FRUIT

**ALLERGY INFORMATION:** Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk) for someone to contact you.

**Pupil Identification:** Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.